

Activity Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9.30am - 12.30pm Tumble 'n' Twist 9.30 - 10.30: Walking to 2 years 10.30 - 11.30: 2 to 3 years 11.30 - 12.30: 3 to 5 years LIMITED PLACES AVAILABLE Call 840290 to book	10.30am - 12.30pm Tumble 'n' Twist 10.30 - 11.30: Walking to 3 years 11.30 - 12.30: 3 to 5 years LIMITED PLACES AVAILABLE Call 840290 to book	10.00am - 12.00pm Tumble 'n' Twist 10am - 11am: Walking to 3 years 11am - 12pm: 3 to 5 years LIMITED PLACES AVAILABLE Call 840290 to book	10.00am - 12.00pm Soft Play Session For children up to age 5 ONLY £3 Just turn up!	10.00am - 11:00am SEN Soft Play Autism-friendly soft play session ONLY £3 Just turn up!
1.00pm - 3.00pm Tumble 'n' Twist 1pm - 2pm: 3 to 5 years 2pm- 3pm: Walking to 3 years LIMITED PLACES AVAILABLE Call 840290 to book		1.00pm - 3.00pm Soft Play Session For children up to age 5 ONLY £3 Just turn up!			Weekend afternoons Birthday Parties
4.30pm - 5.30pm Mini Soccer Skills For children aged 5 to 7 years ONLY £3 Just turn up!		4.00pm - 6.00pm Intro to Gymnastics For children aged 4 to 8 years LIMITED PLACES AVAILABLE Call 840290 to book	6.00pm - 7.30pm Hull Zanshin Karate Suitable for all ages Contact Tony to book 07752 897886		
	6.00pm - 8.30pm Hull Zanshin Karate Suitable for all ages Contact Tony to book 07752 897886	6.45pm - 7.15pm Fitmums & Friends Suitable for all ages For details see www.fitmums.org.uk	8.00pm - 9.00pm Thompson Fitness Circuit Training Suitable for all ages Contact Neil to book 07730 779982		

Cottingham Sports Centre, KGV Playing Fields, Northgate, Cottingham HU16 5QW Tel: **01482 840290** Email: info@kgvcottingham.karoo.co.uk

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